

# COVID-19

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## WHAT CAN I DO TO PROTECT MYSELF AND OTHERS?

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- Keep a distance of 2 meters from other people in common areas
- Do not touch your eyes, nose and mouth
- Wash your hands frequently
- When you cough or sneeze, cover your mouth and nose with the inside of your elbow
- If you are experiencing flu-like symptoms, a cough or difficulty breathing, call the reception from your apartment to contact a doctor
- While the cleaning crew cleans your apartment, you can't stay in there
- Wear a mask during check-in and check-out or whenever a distance of 2 meters from other people in common areas cannot be maintained
- Use disposable tissues for your respiratory secretions and throw them away right after use
- It is extremely important that you comply with the hygiene signs and safety measures.



**NAUTILUS**  
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